

PREGNENOLONE FORMATION FROM CHOLESTEROL IN BOVINE ADRENAL CORTEX MITOCHONDRIA: PROPOSAL OF A NEW MECHANISM

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1. Introduction

Several models of cholesterol side-chain cleavage have been proposed, but none of them has found general acceptance [1–3]. The schemes favoured by most authors presently working in this field are (a) two consecutive hydroxylations of cholesterol at carbon atoms 20 and 22 (the classical scheme) and (b) a concerted attack of oxygen with the formation of 20 α , 22R-di-OH cholesterol. The vicinal glycol is cleaved to yield pregnenolone and isocaproaldehyde.

It has been found that 20 α -OH cholesterol, 20 α , 22R-di-OH cholesterol and 22R-OH cholesterol are all effective precursors of pregnenolone in adrenal tissue [1,2]. Burstein and Gut [2,4,5] were able to isolate labelled 20 α , 22R-di-OH cholesterol and 22R-OH cholesterol when labelled cholesterol was added to

an acetone powder of bovine adrenal cortex mitochondria. Their calculations suggest that 20 α , 22R-di-OH cholesterol is an intermediate of the cholesterol side-chain cleavage reaction. They also presented evidence that pregnenolone formation via the 'classical pathway' is insignificant and their results strongly indicate the existence of other (as yet unidentified) pathways.

From the experiments of Wilson [6] and Burstein [2] it is evident that a correlation exists between the rate of oxygen uptake and the rate of pregnenolone formation when 22R-OH cholesterol, 20 α , 22R-di-OH cholesterol and 20 α -OH cholesterol are added to adrenal cortex mitochondria. This correlation was used as a screening method for potential intermediates of the cholesterol side-chain cleavage reaction.

The results of our studies cannot be explained by the models proposed until now. Therefore a new model will be suggested in this paper. Preliminary results of this work have been presented elsewhere [7–9].

2. Materials and methods

Bovine adrenal cortex mitochondria were prepared according to standard procedures. Only mitochondria with a respiratory control ratio (succinate) ≥ 3 were used.

Oxygen uptake was measured in a thermostated (37°C) vessel (vol 1.3 ml) equipped with a Clark electrode. The medium used contained: 200 mM sucrose, 20 mM KCl, 10 mM potassiumphosphate, 20 mM

Nomenclature and abbreviations:

HEPES: *N*-2-hydroxyethylpiperazine-*N'*-2-ethanesulfonic acid.
EGTA: Ethylene glycol-bis-(β -amino-ethylether)*N,N'*-tetraacetic acid.

Cyanoketone: 2 α -cyano-4,4,17 α -trimethyl-17 β -hydroxyandrost-5-en-3-one.

Cholesterol: 5-cholesten-3 β -ol.

20 α -OH cholesterol: 5-cholesten-3 β ,20 α -diol.

22R-OH cholesterol: (22R)-5-cholesten-3 β ,22-diol.

20 α ,22R-di-OH cholesterol: (22R)-5-cholesten-3 β ,20 α ,22-triol.

Δ^{20-22} cholesterol: 5,20(22)-cholestadien-3 β -ol.

Δ^{17-20} cholesterol: 5,17(20)-cholestadien-3 β -ol.

Δ^{20-21} cholesterol: 5,20(21)-cholestadien-3 β -ol.

20,22-epoxycholesterol: 20,22-epoxy-5-cholesten-3 β -ol.

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HEPES (pH 7.3), 1 mM EGTA, 1% bovine serum albumin (w/v). Further additions are mentioned in the legend to fig. 1.

H_2^{18}O incorporation experiments were performed in a medium ($\text{H}_2^{18}\text{O}/\text{H}_2^{16}\text{O} = 1:2$) containing 154 mM KCl, 11.5 mM NaCl, 50 mM nicotinamide, 20 mM HEPES (pH 7.3), 5 mM CaCl_2 , 4 mM Na-azide, 1% bovine serum albumin (w/v) with a final vol of 5 ml. Bovine adrenal cortex mitochondria (stored under liquid nitrogen) were added to the H_2^{18}O containing medium immediately after freeze-drying and kept for 30 min at 0°C (procedure *a*). Procedure *b* consisted of storing freeze-dried mitochondria in contact with the air during 30 min at 0°C , followed by addition to the H_2^{18}O containing medium. These media containing mitochondria (15 mg protein) were preincubated at 37°C for 20 min. Additions were

made to achieve a final concentration of $30\text{ }\mu\text{M}$ cyanoketone, $5\text{ }\mu\text{M}$ antimycin A, $200\text{ }\mu\text{M}$ $20\alpha\text{-OH}$ cholesterol or 22R-OH cholesterol. The reactions were started by adding NADPH, glucose-6-phosphate and glucose-6-phosphate-dehydrogenase to give a final concentration of 0.1 mM, 3 mM and 0.6 U/ml respectively. Samples taken at 0, 10 and 20 min were extracted with ethylacetate, evaporated under nitrogen, persilylated with *N*-trimethylsilylimidazole by heating for 1 hr at 95°C in the presence of pyridine hydrochloride.

Gaschromatography: Analytical separations were carried out with a Hewlett-Packard 5700A instrument equipped with dual flame ionization detectors. The glass columns ($2\text{ m} \times 1.8\text{ mm I.D.}$) were packed with 3% SP-2250 (Supelco) on 100–120 mesh Chromosorb WAW-DMCS H.P. The conditions were: injector

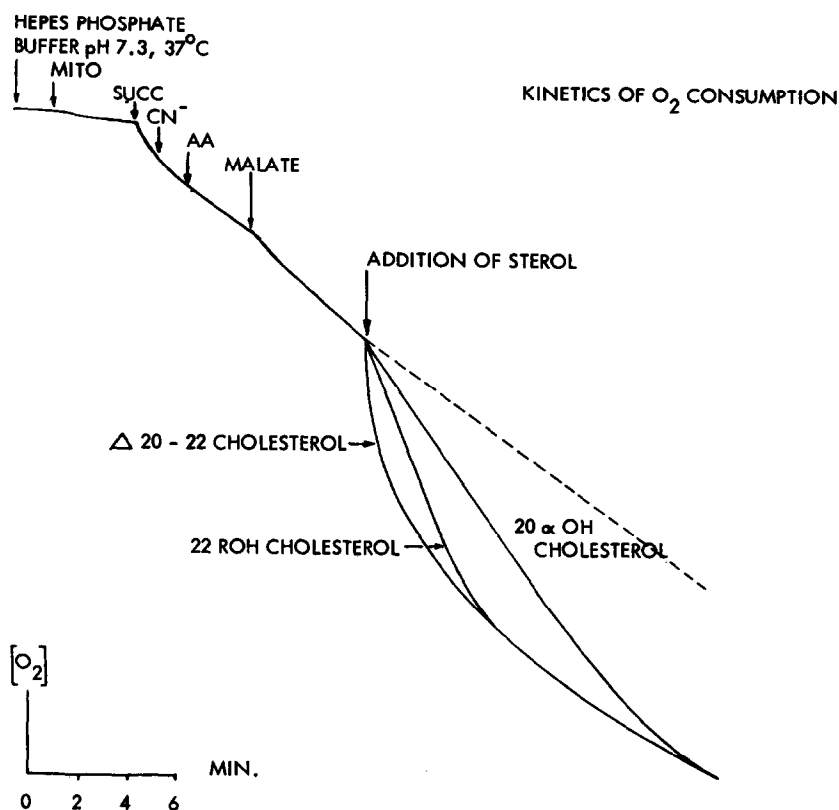


Fig. 1. Effect of the addition of sterols on the rate of oxygen uptake by bovine adrenal cortex mitochondria. Mitochondria (0.9 mg protein) were added to 1.25 ml medium (methods). Additions were made as indicated. Final concentrations were: 10 mM succinate, 1 mM potassium cyanide, $5\text{ }\mu\text{M}$ antimycin A, 10 mM malate, $20\text{ }\mu\text{M}$ $20\alpha\text{-OH}$ cholesterol, $20\text{ }\mu\text{M}$ 22R-OH cholesterol, $20\text{ }\mu\text{M}$ Δ^{20-22} cholesterol. Sterols were added as their ethanolic solutions.

250°C, detector 300°C, nitrogen flow rate 30 ml/min. The oven was programmed from 236°C to 280°C at 2°C/min. Peak areas and retention times were measured with an electronic integrator (Infotronics CRS-100A).

Mass-spectrometry: The mass-spectra were recorded on a Finnigan 1015D-6000 GC-MS-computer system. The GLC-conditions were equivalent to those described above. Helium was used as a carrier-gas. The MS-conditions were: jetseparator at 250°C, source temperature 170°C, ionizing voltage 70 eV and ionizing current 500 μ A.

Δ^{20-22} cholesterol was synthesized according to Sheikh and Djerassi [10]. Protein was estimated using the biuret method.

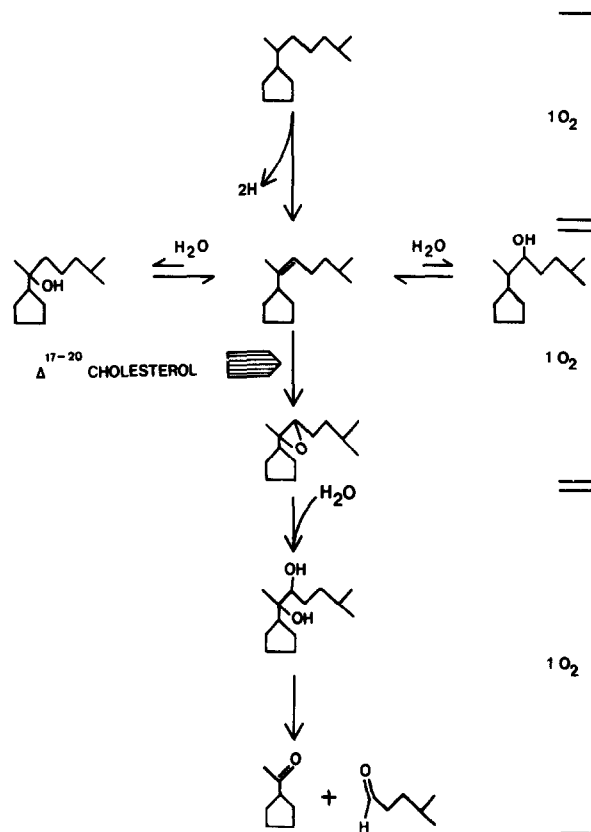
3. Results and discussion

The rate of oxygen uptake of intact bovine adrenal cortex mitochondria was dramatically increased by adding Δ^{20-22} cholesterol in comparison to the addition of 22R-OH cholesterol and 20 α -OH cholesterol (fig. 1). All three substrates were converted into pregnenolone.

Dehydration of 20 α -OH cholesterol produces a mixture of Δ^{17-20} , Δ^{20-22} and Δ^{20-21} cholesterol [10]. Δ^{17-20} cholesterol proved to be a very efficient inhibitor of the cholesterol side-chain cleavage system. Contamination by this inhibitor might be the reason why Δ^{20-22} cholesterol was reported earlier as a very poor substrate [2].

Combination of our results with the evidence available in the literature, allowed us to propose a new scheme (fig. 2), whereby cholesterol is converted into pregnenolone and isocaproaldehyde via Δ^{20-22} cholesterol, 20,22-epoxycholesterol, 20 α , 22R-di-OH cholesterol. 20 α -OH cholesterol and 22R-OH cholesterol will lose water to form Δ^{20-22} cholesterol.

According to this proposal $H_2^{18}O$ should be incorporated in 20 α , 22R-di-OH cholesterol and the ^{18}O -label must be found in pregnenolone or isocaproaldehyde. To check this hypothesis 1000 nmol 20 α -OH cholesterol and an equal amount 22R-OH cholesterol were incubated in parallel in a $H_2^{18}O$ containing medium ($H_2^{18}O/H_2^{16}O = 1:2$) in the presence of freeze-dried bovine adrenal cortex mitochondria, supported by a NADPH generating system



(methods). After 20 min of incubation at 37°C (procedure a) 20 α -OH cholesterol was partially converted; 330 nmol pregnenolone were formed. 22R-OH cholesterol was totally converted; 890 nmol pregnenolone were produced. Samples from these $H_2^{18}O$ incubations were extracted, trimethylsilylated and analyzed by GC-MS. Their mass-spectra were compared with that of synthetic pregnenolone and with those obtained in identical experiments in presence of unlabeled water (fig. 3). The relative abundance of the M+2 peak of the ^{18}O incorporated pregnenolone shows an increase of 170% over the pregnenolone-standard (inaccuracy of the measurement: less than 10%). It could be concluded that water from the medium was incorporated in 20% of the product originating from 20 α -OH cholesterol. No ^{18}O could be detected in the synthesized pregnenolone (standard), pregnenolone

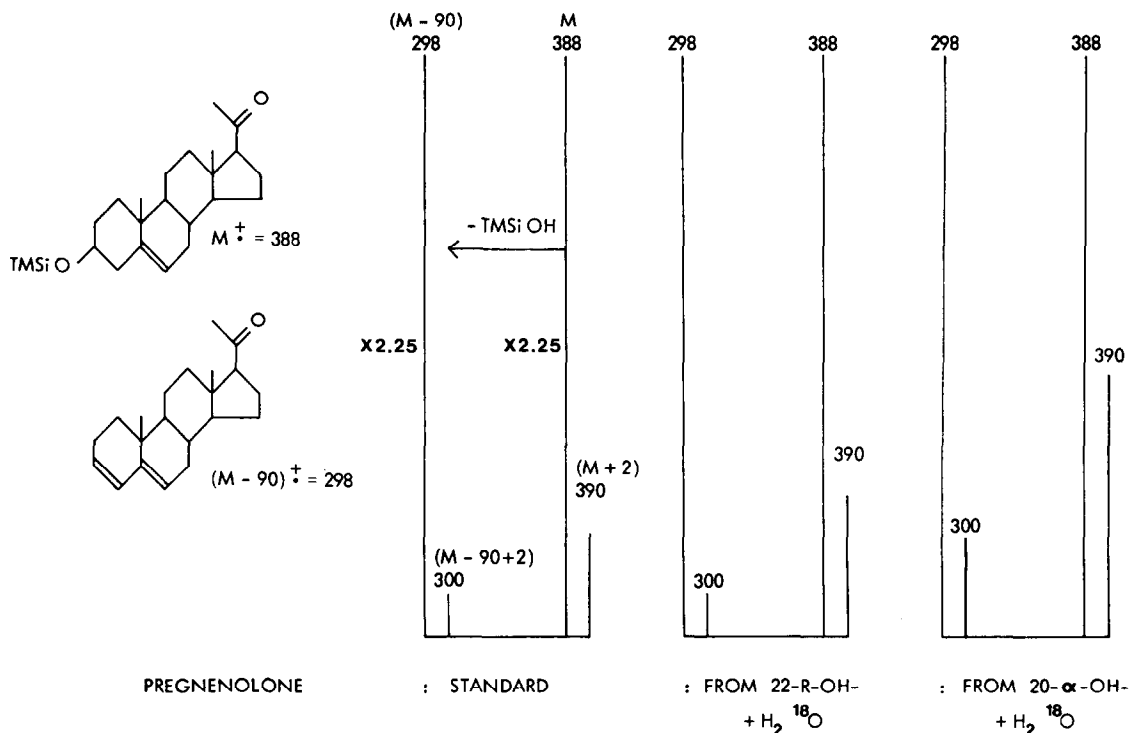


Fig. 3. The measured relative abundances of $M-90+2$ and $M+2$ of the pregnenolone-standard are in accord to the calculated natural abundances. The mass-spectrum of pregnenolone originating from 20α -OH cholesterol shows an incorporation of ^{18}O that can be seen from the marked increase in the relative abundances of $M-90+2$ and $M+2$. No incorporation was demonstrated in pregnenolone formed from 22R-OH cholesterol.

originating from 22R-OH cholesterol (H_2^{18}O) and pregnenolone from the control experiments. We could not demonstrate exchange of ^{18}O between the substrates 20α -OH cholesterol, 22R-OH cholesterol and H_2^{18}O . The low percentage of incorporation may be explained by the amount of water still present in the freeze-dried mitochondria and the water produced during the reaction (fig. 2). Pregnenolone originating from endogenous substrates contributes $\leq 5\%$ of the total pregnenolone production, causing only insignificant isotope dilution.

In measuring ^{18}O incorporation in $20\alpha,22\text{R-di-OH}$ cholesterol, reaction conditions had to be changed (procedure *b*; methods) in order to isolate sufficient material for mass spectrometric identification. We found that 22R-OH cholesterol was partially converted and that 180 nmol pregnenolone and 157 nmol $20\alpha,22\text{R-di-OH}$ cholesterol were formed. No detectable incorporation of ^{18}O could be found in

pregnenolone; however ^{18}O was incorporated in $20\alpha,22\text{R-di-OH}$ cholesterol. Analysis of the mass-spectrum showed that ^{18}O was attached to the carbon-22 atom of $20\alpha,22\text{R-di-OH}$ cholesterol. 20α -OH cholesterol incubated according to procedure *b* was partially converted; 70 nmol ^{18}O -incorporated pregnenolone were formed. The results are summarized in fig. 4.

Our results complement those of Takemoto et al. [11] and Nakano et al. [12] who performed incorporation studies with molecular oxygen ($^{18}\text{O}_2$). Incorporated ^{18}O in pregnenolone originating from cholesterol and 22R-OH cholesterol was found to be attached to the C-20 atom. In the presence of $^{18}\text{O}_2$ neither 20α -OH cholesterol nor $20\alpha,22\text{R-di-OH}$ cholesterol was converted into pregnenolone containing labelled oxygen.

An explanation for the two different ways of the reaction of $20,22$ -epoxycholesterol with water (fig. 4) might be found by considering the aconitase reaction.

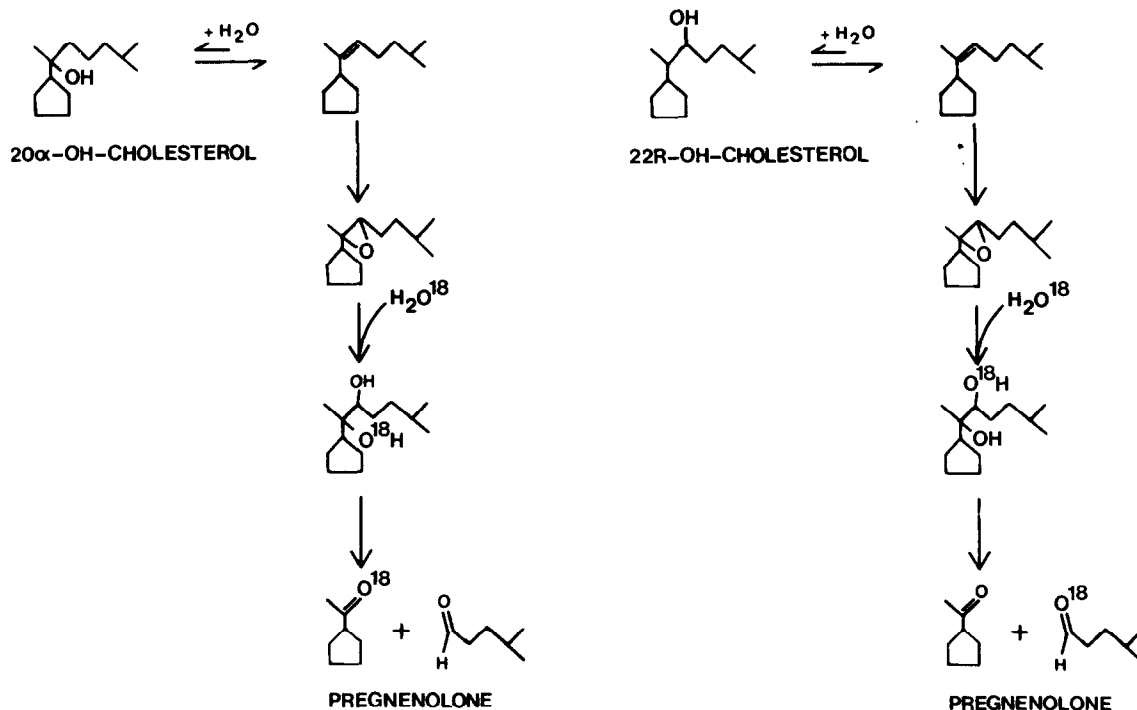


Fig. 4. Incorporation of ¹⁸O after incubation of 20α-OH cholesterol and 22R-OH cholesterol with freeze-dried bovine adrenal cortex mitochondria supported by a NADPH-generating system in the presence of H₂¹⁸O (methods).

We postulate that Δ²⁰⁻²² cholesterol originating from 20α-OH cholesterol is attached to the enzyme surface in a stereochemically different way than Δ²⁰⁻²² cholesterol originating from 22R-OH cholesterol. This situation would be analogous to the aconitase reaction, where cis-aconitate formed by dehydration of citrate and cis-aconitate formed by dehydration of threo-D₈-isocitrate are bound in a stereochemically different way [13].

The proposed scheme (fig. 2) is also in accord with the stoichiometry of the reactions with respect to O₂ and NADPH, as reported by Shikita and Hall [14], and Kraaijpoel et al. [7,8]. The conversion of 1 mol of cholesterol into Δ²⁰⁻²² cholesterol would use at least ½ mol of O₂ to form H₂O with the removed hydrogen. Activation of cytochrome P-450 [15,16] with 1 mol NADPH + H⁺ probably needs another ½ mol O₂. Since the conversion of both 20α-OH and 22R-OH cholesterol to pregnenolone and isocaproaldehyde requires 2 mol O₂ and 2 mol NADPH + H⁺ per mol substrate, and the conversion of 20α,22R-di-

OH cholesterol needs 1 mol O₂ plus 1 mol NADPH + H⁺, it can be concluded that 1 mol O₂ plus 1 mol NADPH + H⁺ are necessary for the conversion of Δ²⁰⁻²² cholesterol into 20,22-epoxycholesterol.

20α,22R-di-OH cholesterol and 20,22-epoxycholesterol could be isolated from reaction media [20]. The high conversion rate of Δ²⁰⁻²² cholesterol as an intermediate has hitherto prevented its isolation.

Virtually all the data found in the literature concerning cholesterol side-chain cleavage fit nicely into this new scheme [2,17,18]. Its consequences for the study of inborn errors in pregnenolone biosynthesis [19] will be discussed elsewhere [20].

Acknowledgements

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